



# CAMP SHORELINE

at Spartan Recreation Center

Week of July 6-10, 2015

## Activity & Swim Schedule

This week at Activity & Swim

Theme: **Top Chef**

A week of culinary exploration filled with cooking, baking and food challenges.

All cooking activities are nut free. We'll try our best to have gluten free options as well.

### MONDAY

We're making different snacks on Monday to help fill our bellies when we need a quick tasty treat.

### TUESDAY

Taste the rainbow. Today we'll be working with foods of many colors.

### WEDNESDAY

We all love hot pockets. Let's make our own healthy hot pockets from scratch with our favorite ingredients.

### Special Camp Shoreline Guest:

Steve Zakuani from Seattle Sounders

### THURSDAY

What is better than fruit on a hot day? Mix and match your favorite fruits to in a fun individualized no bake treat.

### FRIDAY

Let's end the week mixing some very cold ingredients and creating our own whipped topping. A camp favorite!

\*Activities planned for each day may change.

*Camp Directors*

**Camp Director:** Liz Schoch

**Activity Director:** Hailey Allais

## Sport & Swim Schedule

This week at Sport & Swim

Theme: **World Cup Soccer**

We're bringing back the World Cup practicing skills and drills for success. We'll end the week with team matches.

### MONDAY

Through Soccer, Croquet and Lacrosse campers will be focusing on learning to communicate as a team.

### TUESDAY

Hands on sports of Bocce Ball, Flag Football and more Soccer!

### WEDNESDAY

Kicking up turf playing Field Hockey and Ultimate Frisbee.

### Special Camp Shoreline Guest:

Steve Zakuani from Seattle Sounders

### THURSDAY

Team building Volleyball and hands on rounds of Handball and Bocce Ball!

### FRIDAY

Kids Choice! They'll get to choose their favorite sports from the week to play again!

\*Activities planned for each day may change.

*Camp Directors*

**Camp Director:** Liz Schoch

**Sport Director:** Alec McAbee

## Lil' Playground Pals Schedule

This week at Lil' Playground Pals

Theme: **Wild About Nature**

We're exploring the wonders of nature through indoor and outdoor games, crafts and activities. Our playground pals will be amazed what they find.

### MONDAY

Get ready to get wild! Today we'll do some preparing for our week of nature exploration. Fun preparing of course!

### TUESDAY

Today we'll look at all the plants around us and maybe even grow our own.

### WEDNESDAY

Bugs! Bugs! Everywhere! We'll do some creepy-crawly crafts and games.

### Special Camp Shoreline Guest:

Steve Zakuani from Seattle Sounders

### THURSDAY

Through various activities and games we'll learn about coldblooded animals. They are very different than you and I.

### FRIDAY

Lions and tigers and bears oh my! Friday is all about mammals.

\*Activities planned for each day may change.

*Camp Directors*

**Camp Director:** Liz Schoch

**Lil' Playground Pals Director:** Christina Long



# CAMP SHORELINE

## at Spartan Recreation Center

### Daily Camp Schedule

8-8:30 am	8:30-9:30 am	9:30-11:30	11:30-12:30pm	12:30-2:30pm	2:30-3:45pm	4pm	4-6pm
Camp Check-in	<b>Camp Rally</b> Introductions, Camp Rules and Active Games	<u>Age 7+</u> Themed "Sport" or "Activity" <u>Age 4-6</u> Themed Activity	Lunch / recess	Group games, art activities, sports & fitness	<u>Age 7+</u> Swimming <u>Age 4-6</u> Arts & games	Camp Check-Out	After Care (snack provided)

### Reminders

#### Items to Bring to Camp Daily

- Back Pack
- A Nutritious Sack Lunch and Snack
- A Water Bottle
- Extra Set of Clothing (4-6 yr olds)
- Swimsuit & Towel (7-12 yr olds)
- Sunscreen
- Tennis Shoes or Sport Sandals (no flip flops)
- Sweatshirt or Jacket

Please label all personal belongings with your child's name.

Please apply sunscreen to your camper before he or she arrives at camp. We will remind campers to reapply sunscreen throughout the day.

#### Items Not to Bring to Camp

- Money-all activities and field trips are covered by camp tuition.
- Electronics-such as ipods, hand held video games or cameras.

#### Drop Off/Pick up Procedures

\*Parents and/or Guardians must escort their camper into the Spartan Recreation Center and sign their child in and out daily. Campers will not be permitted to leave the facility on their own.

\*Campers enrolled in After Care must follow the same procedures for pick up.

\*Please let a staff member know if someone other than a parent or guardian will be picking up your child from camp.

\*Please call **206-801-2600** if you need to pick up your child early or if your child will be absent from camp. Voicemail will be checked regularly during the day.

**\*No pickups of 7-12 year olds are allowed between 3:30-3:50pm.** Campers are transitioning from the pool back to the Recreation Center. Please wait at the Spartan Recreation Center and your child can be picked up at 3:50pm.

#### Lost and Found

Ask a counselor if you lost an item, they will help you.

#### Questions?

If you have any questions or need to get in contact with us for any reason, please call **206-801-2600**.